

Elementary and Middle School Supply List

Please label all personal belongings clearly.



Daily Essentials

- ☐ **Backpack** No movie/cartoon/book characters. Backpack must be **clean, neat, and contain only essentials**:
 - School folder (*provided by school*)
 - Lunchbox
 - Water bottle
 - Weather-appropriate gear (hat, sweater, jacket etc.)
- ☐ **Water Bottle** 26 oz recommended, no characters. Travels daily with a lunchbox. Add ice if possible.
- ☐ **Lunchbox** (no characters) with stainless steel or plastic containers. Avoid disposable plastic bags or wrappers—opt for reusable containers to support independence and reduce waste. Lunch is often enjoyed picnic-style.
- ☐ **Chapel/ Expo Days** Learners arrive in school uniform and may change into athletic wear after the event.

Outdoor Gear

- ☐ **Hat/Cap** No characters; kept in backpack for sunny days.
- ☐ **Optional:** If you'd like your child to use bug spray or sunscreen, let the Guide know and send it in a small, labeled container.

Food Guidelines

- ☐ **Peanut-Free and Candy-Free School** Save sweet treats for home or car rides.
- ☐ **Cooling Packs** Required in lunchboxes (no fridge access).
- ☐ **Microwave** Available for learners to heat up their lunch.
- ☐ **Suggested Lunch Ideas:** [Link](#)
Tree nuts, dried/fresh fruits, veggies, bars, muffins, etc. **Sustainability Tip:**
Avoid ziplock bags and single-use plastic. Use reusable containers/bags whenever possible.

Birthday Celebrations

- Fruit platter/cups
- Mini cupcakes/muffins
- Small Cookies

Parents are welcome to attend the celebration. Homemade or store-bought treats are both welcome.

After-School-Care (3:15 - 5:30 PM)

- ☐ If your child is enrolled in after-school care, please send up to two (2) hearty snacks in labeled, reusable containers. These will help keep your child energized and comfortable during the afternoon.